

A Cheat List for Men

Light Her Fire: How to Ignite Passion, Joy and Excitement in the Woman You Love

By Ellen Kreidman, New York: Dell, 1991

Don't try these ideas unless you want nights of sensuous pleasure, adventure beyond your wildest fantasies, a passionate lover, true intimacy, a responsive woman or to become the man most women only dream about.

Top 15 Traits That Turn Women Off or On

Turn-Offs

Lack of self-esteem
Laziness
Lack of humor
Lack of confidence
Lack of goals
Lack of understanding
Lack of tenderness
Negativity
Self-centeredness
Extreme jealousy
Insecurity
Smothering dependence
Self-pity
Lack of trust
No ambition

Turn-Ons

Confidence
Sense of Humor
Intelligence
Support Sensitivity
Self-worth
Goals
Imagination
Independence
Desire
Courage
Compassion
Decisiveness
Sense of Integrity
Dignity

Keep Her Fire Lit

1. Display her photograph in your wallet or in a frame at work.
2. Give her a rest: sleep in, go shop, spend a few hours alone without the children.
3. Put post-it notes everywhere: *I love you; You are Beautiful; I'm lucky to have my wife!*
4. Take her first class for the evening: limo, flowers, concert, dinner, dancing.
5. Plan a cruise, bring her brochures, far in advance so she can look forward to it.
6. Take her on a picnic with wine, flowers and food, in a secluded spot; bring poetry.
7. Ring her bell: bring home a rose, ring the doorbell and say, "This is for you!"
8. Bring home dinner; call her and tell her not to worry about dinner; take care of it.
9. Record a cassette tape stating how much you love her and why, with a song.
10. Give her a stuffed animal with a personal note: a monkey with a note saying, "I'm ape over you! Let's monkey around!"

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How to Win Your Woman's Heart (a list composed by women to help you cheat)

Love is putting on the electric blanket before she gets into bed so that it's toasty warm for her.

Love is getting into the car a few minutes before her and saying, "I'll warm up the car for you, Honey."

Love is putting your arm around her and asking if she is warm enough.

Love is calling her from work and asking if she needs anything from the grocery store on your way home.

Love is locking all the doors and windows at night to make sure she feels safe.

Love is bringing her a cup of coffee in the morning and putting it on her night table next to the bed.

Love is being extra quiet in the morning if you have to get up earlier than she does.

Love is not rustling papers in bed if you have a lot of reading to do when she's trying to sleep.

Love is calling her from work for no other reason than to tell her how much you love her.

Love is greeting her at the car to help her carry in the grocery bags.

Love is telling your friends in front of her how wonderful she is.

Love is leaving the house and garage lights on if she's coming home late.

Love is you getting out of bed to see why the dog is barking.

Love is asking her what program she'd like to see on TV.

Love is noticing how pretty she looks without her having to ask.

Love is helping her with the household chores such as vacuuming, dusting, cleaning and doing the windows.

Love is helping her give the kids a bath and putting them to bed so she can relax.

Love is helping her take off her boots or zipping up her dress.

Love is helping her close the clasp of a necklace she wants to wear.

Love is shaving and showering before you make love to her.

Love is massaging her feet, back, neck or hands after a long day.

Love is washing the dishes and cleaning up the kitchen after eating, letting her rest if she has prepared the meal.

Love is going with her to the doctor or dentist appointment if she is nervous.

Love is you picking her up at the hospital the day she's being discharged.

Love is remembering to put the toilet seat cover down when you're finished.

Love is cleaning out the hairs in the sink after you've shaved.

Love is being interested in knowing how her day was spent.

Love is getting up to feed the baby at 3:00 a.m.

Love is taking a long walk holding hands.

Love is getting her a refill for her drink at a social function.

Love is never taking your eyes off her to stare at another woman, no matter how attractive.

Love is apologizing if you are wrong and saying nothing if you are right.

Love is flirting with her when you're at a party.

Love is scheduling her in your appointment book for a nice long lunch.

Love is asking her to marry you again on the day of your anniversary.

Love is asking her to dance with you right there in the kitchen, den or living room.

Love is helping her map out directions to an appointment and even making a trial run the day before if necessary.

Love is renting a romantic movie you know she would like to watch.